

Name of the initiative <i>Give a brief descriptive name for the activity or initiative you were involved in organising related to mental health and well-being</i>	Book exchange
Target group <i>Was it aimed at all students or staff or a particular group?</i>	Students and all members of the library
Description <i>Give a short description of what was involved in organizing the activity or initiative.</i>	Staff and students had books they no longer wanted, and we wanted to be able to give them new homes. Working with a local secondary school library we were able to add a significant number of books they were withdrawing to the book exchange as well. As some of our students have caring responsibilities or live in household with younger siblings and as the cost-of-living bites, we wanted to enable all members of the library access to free books for themselves and their families. We reused a surplus bookcase, so there were no costs.
Partners <i>Was this solely run by the library or were other stakeholders involved, and if so how? Were students involved in planning the session, if so, how?</i>	Library and local secondary school library
Strategy <i>How, if at all, was the activity linked into wider library or institutional strategy?</i>	Part of wider library wellbeing and student experience activities, ties in with EDI reaching parents, carers, including many international students.
Evaluation <i>How, if at all, was the activity evaluated?</i>	No evaluation
What worked <i>Colleagues are looking for tips to help them run their events more effectively, what tips would you share to someone wanting to repeat what you have done?</i> <i>If applicable, please include how many people attended (if an event) or engaged (e.g. website clicks) or another appropriate measure for your initiative. Did this match expected engagement?</i>	We have placed the book exchange in a space visible from the entrance and the library desk to help people find it. The book exchange is also placed away from any borrowable stock so that there is no confusion.
What did not work <i>What you would change if you were doing it again? Sharing what did not work can be as useful to help others as what did work.</i>	While it is a book 'exchange', many books are taken, but few are supplied by anyone other than library staff themselves or via their connection.
Photo	No

Are there any photos you can share that give us a feel for the initiative?	
Resources Is there a URL related to the initiative?	No
Your name, institution and contact details: Kirsty Carver, Head of Library Services, k.carver@bradford.ac.uk and Louise Dawson, Library assistant, l.dawson@bradford.ac.uk	
Are you willing to share your contact details to other ALN staff so if they want to find out more they can contact you directly? Yes	