

Name of the initiative <i>Give a brief descriptive name for the activity or initiative you were involved in organising related to mental health and well-being</i>	A series of online activities in December 2020, whilst we were unable to meet due to Covid restrictions. These included a quiz sheet, Christmas jumper day, Craft afternoon, and culminated in an online Social event.
Target group <i>Was it aimed at all students or staff or a particular group?</i>	Staff
Description <i>Give a short description of what was involved in organizing the activity or initiative.</i>	The newly formed Library Social and Wellbeing team organised a Christmas jumper day where staff shared photos of themselves in Christmas jumpers and took part in a sweepstake for Save the Children, produced a quiz sheet and shared on Teams, organised an online craft afternoon giving examples of crafts to do, and organised and hosted an online Social event with quiz and activities.
Partners <i>Was this solely run by the library or were other stakeholders involved, and if so how? Were students involved in planning the session, if so, how?</i>	Library only.
Strategy <i>How, if at all, was the activity linked into wider library or institutional strategy?</i>	Supported cross-team collaboration and encouraged wellbeing during the Covid restrictions.
Evaluation <i>How, if at all, was the activity evaluated?</i>	Feedback passed on from attendees after the event.
What worked <i>Colleagues are looking for tips to help them run their events more effectively, what tips would you share to someone wanting to repeat what you have done?</i> <i>If applicable, please include how many people attended (if an event) or engaged (e.g. website clicks) or another appropriate measure for your initiative. Did this match expected engagement?</i>	<p>Library Social and Wellbeing team has members from each Library team so lots of promotion from the members within each team helped with engagement.</p> <p>An invitation poster for each event was sent out to all staff members.</p> <p>The team worked well together to organise the events with different member taking responsibility for different activities.</p> <p>Approx 30 staff attended the Christmas Social with winners of the quizzes and activities enjoying gaining a certificate. Approx. 18 staff popped onto Teams to craft, chat and relax at the Craft afternoon, then posted pictures of their crafts later. Overall engagement was good for all the</p>

	<p>activities and an opportunity to forget about the stresses of 2020.</p> <p>Tips from Social Event - Just have fun with it!</p>
<p>What did not work</p> <p><i>What you would change if you were doing it again? Sharing what did not work can be as useful to help others as what did work.</i></p>	<p>It worked well, but in the future we intend to do more face-to-face events.</p>
<p>Photo</p> <p><i>Are there any photos you can share that give us a feel for the initiative?</i></p>	<p>N/A</p>
<p>Resources</p> <p><i>Is there a URL related to the initiative?</i></p>	<p>N/A</p>
<p>Your name, institution and contact details. Maree Green, University of Salford, m.e.green@salford.ac.uk Andrew Marsden, University of Salford, a.s.marsden1@salford.ac.uk</p>	
<p>Are you willing to share your contact details to other ALN staff so if they want to find out more they can contact you directly? Yes</p>	