Academic Libraries NORTH Mental Health and Well-being Advocacy Resource: December quiz	
Name of the initiative <i>Give a brief descriptive name for the activity or initiative you</i> <i>were involved in organising related to mental health and</i> <i>well-being</i>	December quiz 2021
Target group	Staff
Was it aimed at all students or staff or a particular group? Description Give a short description of what was involved in organizing the activity or initiative.	The Library Social and Wellbeing team organised an on-campus December social event for library staff including crafts, food, quizzes, etc and different staff took on responsibility for different activities. Unfortunately, the event was unable to go ahead due to last minute lockdown restrictions. Due to time restrictions, we put the quiz questions on Teams and asked staff members to send their answers with a prize for the members of staff who answered the most.
Partners Was this solely run by the library or were other stakeholders involved, and if so how? Were students involved in planning the session, if so, how?	Library staff event
Strategy How, if at all, was the activity linked into wider library or institutional strategy?	Supported cross-team collaboration and encouraged wellbeing and staff engagement during the Covid restrictions.
Evaluation How, if at all, was the activity evaluated?	Feedback passed on from attendees after the event.
What worked Colleagues are looking for tips to help them run their events more effectively, what tips would you share to someone wanting to repeat what you have done?	Created a quiz of 15 questions to do with the subject of winter eg. plants, animals associated with the winter months and a pop quiz which were well received by staff.
If applicable, please include how many people attended (if an event) or engaged (e.g. website clicks) or another appropriate measure for your initiative. Did this match expected engagement?	We purchased prizes from the shop at the museum on campus and enjoyed successfully handing out the prizes to the winning members of staff.
What did not work What you would change if you were doing it again? Sharing what did not work can be as useful to help others as what did work.	As mentioned, this was organised as a winter staff social event on campus and an opportunity for everyone to get together after Covid restrictions but unfortunately it had to be cancelled and smaller team events were held online. It is now rescheduled as a Spring 2022 event.
	The quiz may have worked better as an on-line PowerPoint so staff members both on campus and working from home could take time for a break

	from the busy work schedule. However, due to time restraints, this was not possible.	
Photo	N/A	
Are there any photos you can share that give us a feel for the		
initiative?		
Resources	N/A	
Is there a URL related to the initiative?		
Your name, institution and contact details.		
Catherine Kenyon library University of Salford <u>c.b.kenyon@salford.ac.uk</u>		
Maree Green, University of Salford, <u>m.e.green@salford.ac.uk</u>		
Are you willing to share your contact details to other ALN staff so if they want to find out more they can contact you directly? Yes		