

Name of the initiative <i>Give a brief descriptive name for the activity or initiative you were involved in organising related to mental health and well-being</i>	Leisure Reading Collection (And now a designated wellbeing collection)
Target group <i>Was it aimed at all students or staff or a particular group?</i>	This was mainly aimed at students, but our staff are also big fans of the collection
Description <i>Give a short description of what was involved in organizing the activity or initiative.</i>	In 2017 Salford launched its Leisure Reading Collection, started up with a £5000 fund for non-academic reading titles. We have subsequently spent approximately £1000 a year building up this collection, including as many wellbeing titles as possible. This includes books on prescription as well as self-help and fiction titles. We now have sufficient stock that we have been able to create a standalone Wellbeing Collection, that is located in our brand new Wellness Room in the library.
Partners <i>Was this solely run by the library or were other stakeholders involved, and if so how? Were students involved in planning the session, if so, how?</i>	This was solely run by the library, but we do take both staff and student requests on what titles to add to the collection.
Strategy <i>How, if at all, was the activity linked into wider library or institutional strategy?</i>	As well as aiding wellbeing, this was also done to try and encourage more students to read. Many studies point to more reading & library usage leading to higher attainment.
Evaluation <i>How, if at all, was the activity evaluated?</i>	Usage of the collection has been high, and we also continue to receive a large number of staff and student book requests for this collection
What worked <i>Colleagues are looking for tips to help them run their events more effectively, what tips would you share to someone wanting to repeat what you have done?</i> <i>If applicable, please include how many people attended (if an event) or engaged (e.g. website clicks) or another appropriate measure for your initiative. Did this match expected engagement?</i>	Having buy-in from managers was essential, as the initial setup required significant time away from everyday duties for a number of staff members. Having a designated fund also mean that every small purchase didn't need to be approved by different people.
What did not work <i>What you would change if you were doing it again? Sharing what did not work can be as useful to help others as what did work.</i>	Using non-collections staff to help with some acquisitions processes actually stalled the progress significantly, so I would suggest using acquisitions staff for any ordering/receipting wherever possible. We originally had a lot more people on the project team, and everybody wanted to recommend titles.

	Keeping the pool of staff picking/ordering small would help with this.
Photo <i>Are there any photos you can share that give us a feel for the initiative?</i>	Photos of the collection & wellness space included below.
Resources <i>Is there a URL related to the initiative?</i>	Leisure Collection , Wellbeing Collection , Article about Project / (on repository)
Your name, institution and contact details. Dean Brown, University of Salford, d.a.brown2@salford.ac.uk	
Are you willing to share your contact details to other ALN staff so if they want to find out more they can contact you directly? YES	

