

Mental Health and Well-being Advocacy Resource: Online Social event June 2021

Name of the initiative <i>Give a brief descriptive name for the activity or initiative you</i> <i>were involved in organising related to mental health and</i> <i>well-being</i>	Library online summer social 2021
Description <i>Give a short description of what was involved in organizing</i> <i>the activity or initiative.</i>	An online social event including "shelfies" where members of staff were asked to share pictures of the shelves full of books at their house, a quick Scavenger hunt and Scattergories online quiz.
Partners Was this solely run by the library or were other stakeholders involved, and if so how? Were students involved in planning the session, if so, how?	Staff event
Strategy How, if at all, was the activity linked into wider library or institutional strategy?	Supported cross-team collaboration and encouraged staff wellbeing.
Evaluation How, if at all, was the activity evaluated?	Feedback passed on from attendees after the event.
What worked Colleagues are looking for tips to help them run their events more effectively, what tips would you share to someone wanting to repeat what you have done? If applicable, please include how many people attended (if an event) or engaged (e.g. website clicks) or another appropriate measure for your initiative. Did this match expected engagement?	It was a success - we received a number of "shelfies" from members of staff and circulated them before the event on Teams as a "hook" to attend the event and see whose bookshelf it was. During the event a member of staff from the Library Social & Wellbeing team recorded their voice introducing the shelfies. This added a little of fun and mystery and staff guessed who the shelves belonged to before a big reveal. This was followed by an online Scattergories game and quick Scavenger hunt. It was inexpensive and fun. A bright summer invitation poster was sent out to all Library, Careers & Enterprise staff members to promote the event. The team worked well together to organise the events with different members taking responsibility for different activities. Approx 30 people attended. This matched expected engagement as it was after work on a Friday.

What did not work What you would change if you were doing it again? Sharing what did not work can be as useful to help others as what did work.	The event worked well. However, we would perhaps change the timing. We did do a quick survey but some may have found it difficult to get home from work to attend.
Photo	N/A
Are there any photos you can share that give us a feel for the	
initiative?	
Resources	N/A
Is there a URL related to the initiative?	
Your name, institution and contact details. Catherine Kenyon University of Salford library c.b.kenyon@salford.ac.uk, Maree Green University of Salford library m.e.green@salford.ac.uk	

Are you willing to share your contact details to other ALN staff so if they want to find out more they can contact you directly? yes