

<b>Name of the initiative</b> <i>Give a brief descriptive name for the activity or initiative you were involved in organising related to mental health and well-being</i>	Students Supporting Students
<b>Target group</b> <i>Was it aimed at all students or staff or a particular group?</i>	Students
<b>Description</b> <i>Give a short description of what was involved in organizing the activity or initiative.</i>	The initiative was a spin off from the Mentally Healthy Universities project and was initiated by students. In the first instance it was supported by the local Mind project co-ordinator in association with the SU, but when the Mind project ended it was then supported by SLS. It is a weekly drop-in on Zoom.
<b>Partners</b> <i>Was this solely run by the library or were other stakeholders involved, and if so how? Were students involved in planning the session, if so, how?</i>	Mind; SU and Student and Library Services. SU officers planned and host the weekly event on Zoom.
<b>Strategy</b> <i>How, if at all, was the activity linked into wider library or institutional strategy?</i>	It links into the Wellbeing strand of the Academic Enhancement Framework
<b>Evaluation</b> <i>How, if at all, was the activity evaluated?</i>	Ongoing.
<b>What worked</b> <i>Colleagues are looking for tips to help them run their events more effectively, what tips would you share to someone wanting to repeat what you have done?</i>  <i>If applicable, please include how many people attended (if an event) or engaged (e.g. website clicks) or another appropriate measure for your initiative. Did this match expected engagement?</i>	<p>I think it would be beneficial to run the sessions in a hybrid format, so that there is choice of how to engage.</p> <p>As with most initiatives this academic year, engagement has been low.</p>
<b>What did not work</b> <i>What you would change if you were doing it again? Sharing what did not work can be as useful to help others as what did work.</i>	The sessions need more active promotion, although many publicity channels have been utilised. Posters have been designed by the SU, but feel information about the sessions could go into the monthly students update email. There has been some confusion about the purpose of the sessions and queries have been fielded about other (related) issues in the sessions.
<b>Photo</b> <i>Are there any photos you can share that give us a feel for the initiative?</i>	

<b>Resources</b> <i>Is there a URL related to the initiative?</i>	<a href="#">Students Supporting Students @ Teesside University Students' Union (tees-su.org.uk)</a>
<b>Your name, institution and contact details. Fran Porritt (<a href="mailto:f.porritt@tees.ac.uk">f.porritt@tees.ac.uk</a>) Teesside University</b>	
<b>Are you willing to share your contact details to other ALN staff so if they want to find out more they can contact you directly?</b>	