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| ALN Logo  **Mental Health and Well-being Advocacy Resource: Template** | |
| **Name of the initiative**  *Give a brief descriptive name for the activity or initiative you were involved in organising related to mental health and well-being* | Leisure Reading Collection (And now a designated wellbeing collection) |
| **Target group**  *Was it aimed at all students or staff or a particular group?* | This was mainly aimed at students, but our staff are also big fans of the collection |
| **Description**  *Give a short description of what was involved in organizing the activity or initiative.* | In 2017 Salford launched its Leisure Reading Collection, started up with a £5000 fund for non-academic reading titles. We have subsequently spent approximately £1000 a year building up this collection, including as many wellbeing titles as possible. This includes books on prescription as well as self-help and fiction titles. We now have sufficient stock that we have been able to create a standalone Wellbeing Collection, that is located in our brand new Wellness Room in the library. |
| **Partners**  *Was this solely run by the library or were other stakeholders involved, and if so how? Were students involved in planning the session, if so, how?* | This was solely run by the library, but we do take both staff and student requests on what titles to add to the collection. |
| **Strategy**  *How, if at all, was the activity linked into wider library or institutional strategy?* | As well as aiding wellbeing, this was also done to try and encourage more students to read. Many studies point to more reading & library usage leading to higher attainment. |
| **Evaluation**  *How, if at all, was the activity evaluated?* | Usage of the collection has been high, and we also continue to receive a large number of staff and student book requests for this collection |
| **What worked**  *Colleagues are looking for tips to help them run their events more effectively, what tips would you share to someone wanting to repeat what you have done?*  *If applicable, please include how many people attended (if an event) or engaged (e.g. website clicks) or another appropriate measure for your initiative. Did this match expected engagement?* | Having buy-in from managers was essential, as the initial setup required significant time away from everyday duties for a number of staff members.  Having a designated fund also mean that every small purchase didn’t need to be approved by different people. |
| **What did not work**  *What you would change if you were doing it again? Sharing what did not work can be as useful to help others as what did work.* | Using non-collections staff to help with some acquisitions processes actually stalled the progress significantly, so I would suggest using acquisitions staff for any ordering/receipting wherever possible.  We originally had a lot more people on the project team, and everybody wanted to recommend titles. Keeping the pool of staff picking/ordering small would help with this. |
| **Photo**  *Are there any photos you can share that give us a feel for the initiative?* | Photos of the collection & wellness space included below. |
| **Resources**  *Is there a URL related to the initiative?* | [Leisure Collection](https://salford.primo.exlibrisgroup.com/discovery/collectionDiscovery?vid=44SAL_INST:SAL_MAIN&collectionId=81197596220001611), [Wellbeing Collection](https://salford.leganto.exlibrisgroup.com/leganto/public/44SAL_INST/lists/10564436190001611?auth=LOCAL), [Article about Project](https://www.tandfonline.com/doi/full/10.1080/13614533.2017.1371612?casa_token=MX94voH8gzcAAAAA%3ALQyF-dNyAKtyRXSRSJvQngoxD0AAc21kPgIoWc2A0KaNTqrzSxHkpYGzTahUoOd8gqDmixm4cmsxDMw) / ([on repository](http://usir.salford.ac.uk/id/eprint/43739/)) |
| **Your name, institution and contact details. Dean Brown, University of Salford,** [**d.a.brown2@salford.ac.uk**](mailto:d.a.brown2@salford.ac.uk) | |
| **Are you willing to share your contact details to other ALN staff so if they want to find out more they can contact you directly? YES** | |

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