Academic Libraries NORTH Mental Health and Well-being Advocacy Resource: Template	
Name of the initiative Give a brief descriptive name for the activity or initiative you were involved in organising related to mental health and well-being	Reading for Pleasure and Libby Collection (RFP) A designated area and space for a fiction and wellbeing print collection, an online and in print request form and a designated webpage with links to the Libby app to include ebooks, audio, and magazines. Regular social media promotions highlight themed curated Libby lists with support from Helpdesk teams and displays.
Target group Was it aimed at all students or staff or a particular group?	Staff and Students, offering a non- academic approach to reading and mental health and wellbeing support.
Description Give a short description of what was involved in organizing the activity or initiative.	A new library build provided the opportunity to create a space and build on an existing small print fiction collection. From 2018 this collection and space grew along with a designated webpage and with support from the Reading Agency's initiative and provision of mental health and wellbeing books. A budget was provided and a subscription to Overdrive's Libby (including the app) allowed us to build a fuller collection and expand to ebooks, audio, and magazines supporting reading for pleasure and mental health and wellbeing. We have printed slips in which staff and students can give feedback and request new titles in print and online. More recently an online form has been developed to make requests from and is part of our You Want It We Get It service and considerations.
Partners Was this solely run by the library or were other stakeholders involved, and if so how? Were students involved in planning the session, if so, how?	Managed by the university library, we support the staff book club, HR & wellbeing teams. OverDrive's Libby app offers a feature to curate lists, tag titles we don't have, and place holds. We use these features to support the university staff book club, Learning Services sustainability group and university wide initiatives, such as menopause matters, LGBTQ+, EDI, coaching and mentoring and many more.

	RFP and Libby are regularly promoted at Inductions and staff and student events in the form of manned stalls and displays.
Strategy <i>How, if at all, was the activity linked into wider library or</i> <i>institutional strategy</i> ?	The RFP collection supports staff and students' wellbeing, offering reading and learning outside of their studies and work. The added features of audio and online magazines offer alternative formats and wider accessibility.
Evaluation How, if at all, was the activity evaluated?	Recording the requests, regular Libby reporting and UX work has provided an insight into format preference and user behaviours and gives us an understanding of demand driven topics. The collection has grown in physical print and online titles along with engagement and usage from both staff and students, with busiest times being just before Easter or summer leave which aids off campus support and keeps students engaged with the library.
What worked Colleagues are looking for tips to help them run their events more effectively, what tips would you share to someone wanting to repeat what you have done? If applicable, please include how many people attended (if an event) or engaged (e.g. website clicks) or another appropriate measure for your initiative. Did this match expected engagement?	Having a budget, support and developing good channels of communication. Having request forms in print and online, designated email account, providing updates to the library helpdesk, updated displays. Promotion is key, use social media, campus screens and self-issue machines, have an online presence, have printed materials to use, include a QR code and give out. If you have a subscription to OverDrive's Libby, then create monthly themed curated
What did not work What you would change if you were doing it again? Sharing what did not work can be as useful to help others as what did work.	It does need constant thought, keeping in touch with groups, updating lists and links adding new content and acquiring fiction titles could mean using a different supplier and lead to manual processes. Print collection space as the collection grows but the space doesn't and there is a preference for print over e in this area.

Photo

Are there any photos you can share that give us a feel for the initiative?



Is there a URL related to the initiative?

Resources

Your name, institution and contact details.

Contact Sarah Wright <u>wrights@edgehill.ac.uk</u> Acquisitions Team leader Edge Hill University Are you willing to share your contact details to other ALN staff so if they want to find out more they can contact you directly?

Yes, feel free to pass on my email address above.